

# St Canice's Primary School - Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 21 <sup>st</sup> Nov 19 <sup>th</sup> Dec 16 <sup>th</sup> Jan	oven baked sausages  chicken or tuna wraps  baked beans broccoli  mashed potatoes potato wedges  ice cream	chicken curry & rice naan bread  fish fingers  mashed potatoes peas & gravy  biscuit & custard yoghurt & fresh fruit	roast dinner stuffing & gravy  carrots & cabbage mashed & roast potatoes  ice cream & jelly fresh fruit & yoghurt	cheese pizza  lasagne  mixed vegetables diced & mashed potatoes  muffin & milkshake fresh fruit & yoghurt	chicken bites  beef burger & bap  peas / sweetcorn / gravy chips & mashed potatoes  chocolate or strawberry frozen mousse
<b>Week 2</b> 18 <sup>th</sup> Nov 26 <sup>th</sup> Dec 23 <sup>rd</sup> Jan	baked sausages  cheese or tuna panini  baked beans / broccoli diced & mashed potatoes fresh fruit frozen yoghurt	spaghetti bolognese crusty bread  fish fingers  peas & mashed potatoes sponge cake & custard yoghurt & fruit	roast dinner stuffing / gravy carrots & cabbage  roast & mashed potatoes  apple crumble & custard fresh fruit & yoghurt	chicken curry/ rice naan bread  breaded fish  corn cobs / peas baked potato wedges mashed potatoes  cookie & milkshake	beef burger & bap  creamy chicken & pasta bake  mixed vegetables chips & mashed potatoes ice cream & wafers fresh fruit & yoghurt
<b>Week 3</b> 7 <sup>th</sup> Nov 5 <sup>th</sup> Dec 2 <sup>nd</sup> Jan 30 <sup>th</sup> Jan	spaghetti bolognese  breaded chicken bites  carrots / peas / gravy mashed potatoes  apple crumble & custard yoghurt & fresh fruit	homemade soup beefburger in bap  boiled potatoes  cookies & milkshake  fresh fruit yoghurt	roast dinner stuffing & gravy  oven roast potatoes mashed potatoes cabbage & carrots  fruit sponge & custard	chicken curry rice & naan bread  breaded fish sweetcorn / peas mashed potatoes  decorated homemade mousse	hotdog or cheese pizza  baked beans broccoli chips / mashed potatoes  artic roll fruit & yoghurt
<b>Week 4</b> 4 <sup>th</sup> Nov 12 <sup>th</sup> Dec 9 <sup>th</sup> Jan 6 <sup>th</sup> Feb	oven baked fish  cheese pizza  mini corn / peas baked & mashed potatoes gravy  frozen yoghurt fresh fruit	oven baked sausages  cheese / tuna panini  baked beans mixed vegetables mashed & baked potatoes cookie & custard	roast dinner stuffing / gravy  carrots & peas roast/ mashed potatoes  sponge cake custard	beef burger & bap  chicken curry & rice naan bread/peas  oven diced & mashed potatoes  creamy rice pudding	spaghetti bolognese  chicken bites  gravy / vegetables chips / mashed potatoes  muffin & milkshake

